



**MILTON KEYNES
STOMA SUPPORT GROUP
(MKSSG)**

**Newsletter number 27
August 2022**

Dear Member

Hello again. I hope that you and your loved ones are having a great time enjoying this wonderful prolonged spell of good weather (apologies if it's pouring down by the time you receive this newsletter!). It seems like only yesterday we were celebrating the Platinum Jubilee but it is already time for our next quarterly meeting. This takes place on Saturday September 3rd at 2.00pm. Once again the venue is Hawthorn Hall, Lovat Fields Village in Willen (Japonica Lane, MK15 9LE). There's plenty of parking and someone will be at the main entrance to let you in (any problems just call us on 07843 768386).

Despite soaring inflation, our entrance fee remains held at a very modest £2 per attendee. The attendance fees, together with the proceeds of our raffles, are almost our only sources of income and enable us to cover the costs of room hire, stationery, postage, etc.

Our special guests this time are Silvertime Legal Estate Planning Services. They will give a talk on those things we know we should be thinking about but rarely do, such as inheritance tax, paying for long-term care, power of attorney and the like. They come with glowing testimonials from other support groups, and the talk is given without obligation or hard sell. It should be enjoyable as well as informative as they say they try to create 'a relaxed atmosphere and a bit of laughter'. A talk not to be missed!

We are also very pleased to welcome representatives from three suppliers: Elaine Cooke (StoCare), Eva Heley (Clinimed) and Shelley Rust (Salts). They will have the usual display of products and we always set aside time for you to browse and talk with them.

As always, members are invited to contribute to the raffle. The theme this time is 'Last of the Summer Wine' to reflect the time of year and the wonderful summer we've had (and definitely not because of my passing resemblance to Compo!). Chocolates and bottles of plonk are always welcome regardless of the theme!

If you have any unwanted ostomy supplies that you really can't use please bring them along for Lynne who will pass them on to those in need.

Finally, we have our coffee mornings at Dobbies garden centre, from 10.30 until 12 noon, for which the next dates are September 19th, October 17th and November 21st, before our next quarterly meeting which will be on Saturday December 3rd.

We continue to seek out members happy to provide assistance to the group. If anyone feels they can spare a few moments of their time to help at our meetings or in the general running of the group then please make yourself known.

I hope to see as many of you as possible at Lovat Fields on Saturday. Our suppliers all give up their Saturday to attend so please come along as the day is really all about you!

Best wishes
Tim Patrick
Chair MKSSG

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